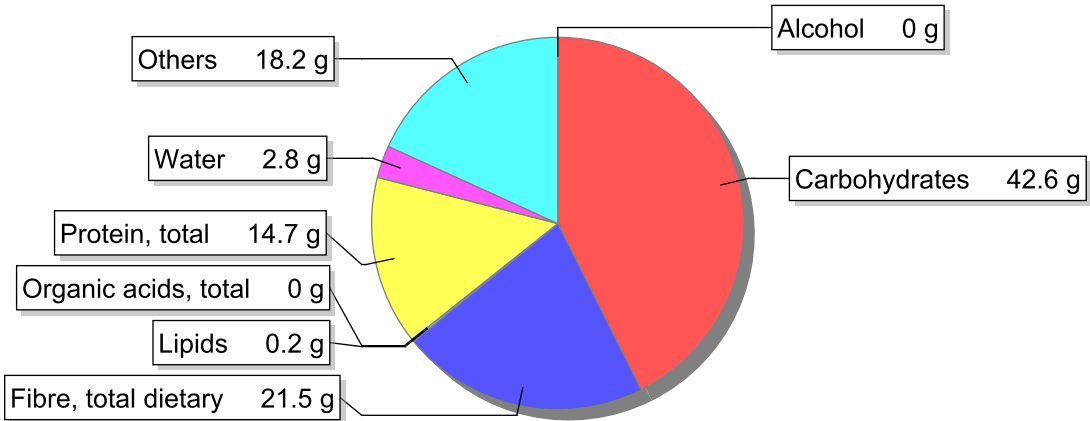


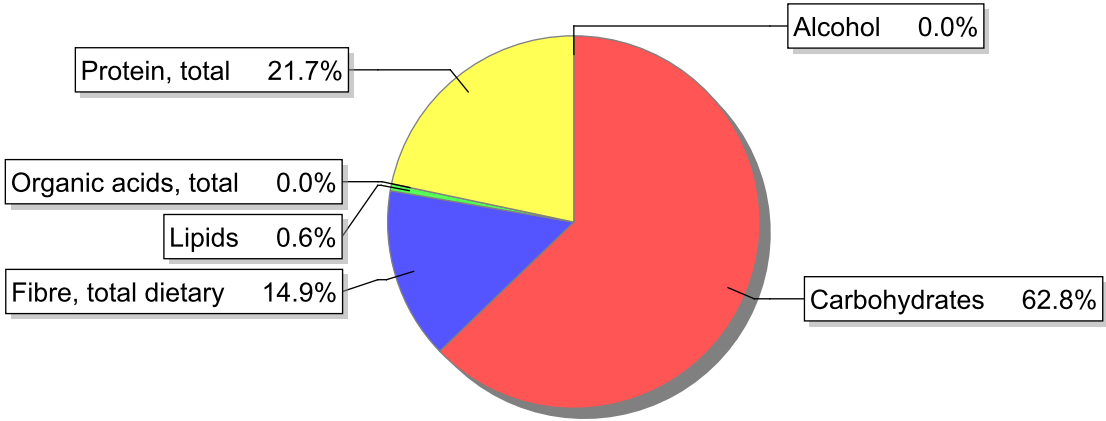
Food

Name: Coffee, instant powder, decaffeinated
Group: Drinks
Subgroup: Non-alcoholic beverages
Edible Part: 100%
Code: IS773
FoodEX2 Code: A03GR

Composition [g/100g]



Energy



Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
energy kcal, total metabolisable	274	kcal	
energy kJ, total metabolisable	1150	kJ	
fatty acids, total saturated	0.1	g	
fatty acids, total monounsaturated	0	g	
fatty acids, total polyunsaturated	0.1	g	
fatty acid 18:2 n-6 cis,cis	0.1	g	
fatty acids, total trans	0	g	
sugars, total	3	g	
sucrose	0	g	

Name	Value	Unit	Source(s)
lactose	0	g	
salt	0.1	g	
starch, total	0	g	
protein, total	14.7	g	
alcohol	0	g	
water	2.8	g	
organic acids, total	0	g	
cholesterol	0	mg	
vitamin A; retinol equiv from retinol and carotenoid activities	0	µg	
carotene, total (vitamin A precursors)	0	µg	
vitamin D	0	µg	
alpha-tocopherol	0	mg	
thiamin	0	mg	
riboflavin	0.21	mg	
niacin, preformed	25	mg	
niacin equivalents, total	28	mg	
niacin equivalents from tryptophan	2.9	mg	
vitamin B-6, total	0	mg	
vitamin B-12	0	µg	
vitamin C	0	mg	
folate, total	0	µg	
ash	8.93	g	
sodium	55	mg	
potassium	3420	mg	
calcium	97	mg	
phosphorus	370	mg	
magnesium	270	mg	
iron, total	1.3	mg	
zinc	0.2	mg	

Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

References