

Food

Name: Coffee substitute, powder (2 brands)

Group: Drinks

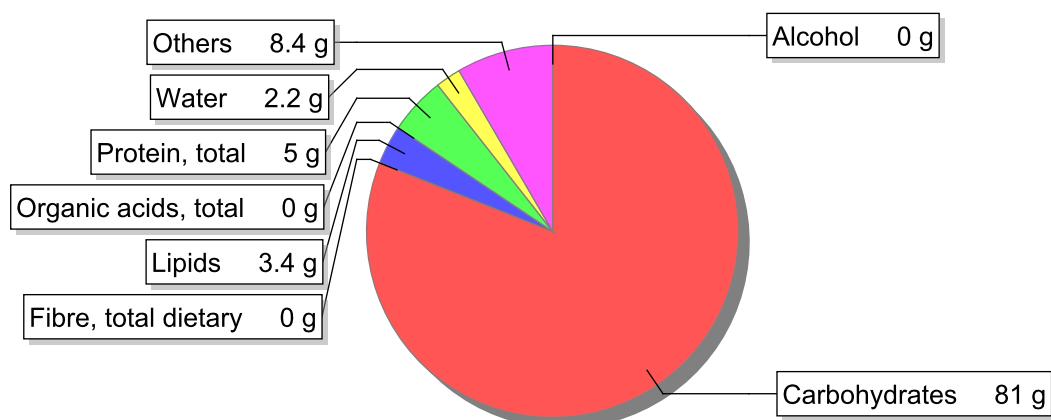
Subgroup: Non-alcoholic beverages

Edible Part: 100%

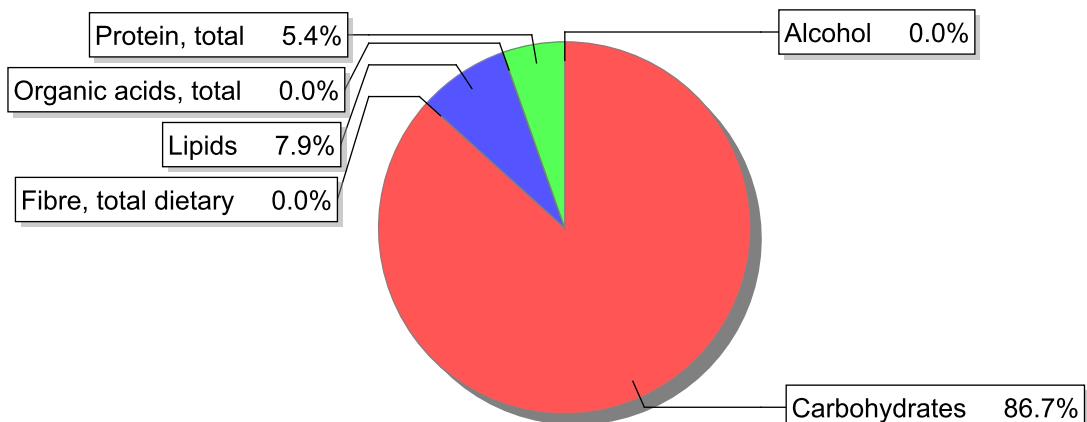
Code: IS775

FoodEX2 Code: A03GS

Composition [g/100g]



Energy



Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
energy kcal, total metabolisable	375	kcal	
energy kJ, total metabolisable	1590	kJ	
fatty acids, total saturated	0.6	g	
fatty acids, total monounsaturated	0.4	g	
fatty acids, total polyunsaturated	1.7	g	
fatty acid 18:2 n-6 cis,cis	1.6	g	
fatty acids, total trans	0	g	
sugars, total	0	g	
sucrose	0	g	

Name	Value	Unit	Source(s)
lactose	0	g	
oligosaccharides, available	0	g	
fibre, total dietary	0	g	
protein, total	5	g	
alcohol	0	g	
water	2.2	g	
organic acids, total	0	g	
cholesterol	0	mg	
vitamin A; retinol equiv from retinol and carotenoid activities	0	µg	
carotene, total (vitamin A precursors)	0	µg	
vitamin D	0	µg	
alpha-tocopherol	0	mg	
thiamin	0	mg	
riboflavin	0.03	mg	
niacin, preformed	16	mg	
niacin equivalents, total	17	mg	
niacin equivalents from tryptophan	0.9	mg	
vitamin B-6, total	0	mg	
vitamin B-12	0	µg	
vitamin C	0	mg	
folate, total	0	µg	
ash	2.70	g	
sodium	67	mg	
potassium	1070	mg	
calcium	57	mg	
phosphorus	300	mg	
magnesium	83	mg	
iron, total	4.2	mg	
zinc	0.8	mg	

Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

References