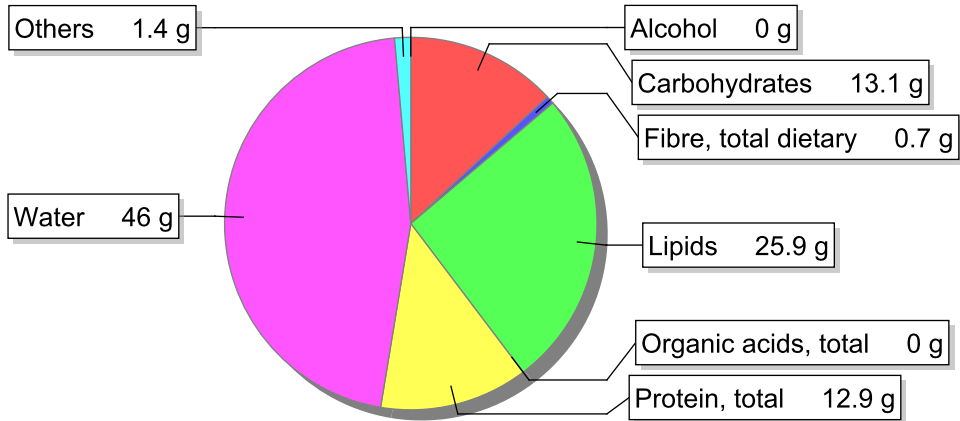


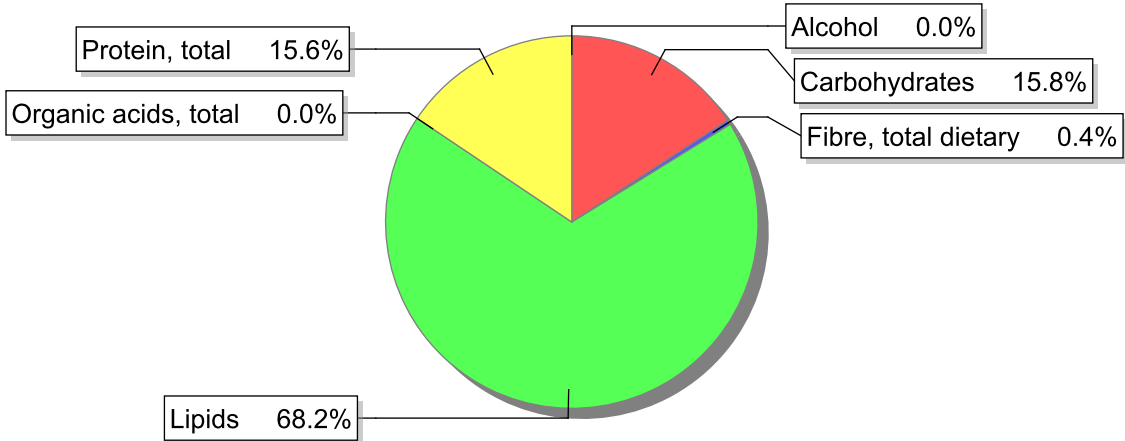
Food

Name: Sausage, morsel, grilled, no salt added
Group: Meat and meat products, fowl and game meat
Subgroup: Sausages and delicatessen products
Edible Part: 94%
Code: IS351
FoodEX2 Code: A03VV

Composition [g/100g]



Energy



Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
energy kcal, total metabolisable	339	kcal	
energy kJ, total metabolisable	1410	kJ	
fatty acids, total saturated	8.6	g	
fatty acids, total monounsaturated	9.9	g	
fatty acids, total polyunsaturated	3.4	g	
fatty acid 18:2 n-6 cis,cis	2.9	g	
fatty acids, total trans	0.1	g	
sugars, total	0.4	g	
sucrose	0	g	

Name	Value	Unit	Source(s)
lactose	0	g	
oligosaccharides, available	0	g	
fibre, total dietary	0.7	g	
protein, total	12.9	g	
alcohol	0	g	
water	46	g	
organic acids, total	0	g	
cholesterol	114	mg	
vitamin A; retinol equiv from retinol and carotenoid activities	10	µg	
carotene, total (vitamin A precursors)	0	µg	
vitamin D	0.9	µg	
alpha-tocopherol	0.2	mg	
thiamin	0.2	mg	
riboflavin	0.09	mg	
niacin, preformed	1.5	mg	
niacin equivalents, total	3.6	mg	
niacin equivalents from tryptophan	2.1	mg	
vitamin B-6, total	0.03	mg	
vitamin B-12	0.3	µg	
vitamin C	0	mg	
folate, total	4.3	µg	
ash	2.00	g	
sodium	510	mg	
potassium	170	mg	
calcium	26	mg	
phosphorus	99	mg	
magnesium	20	mg	
iron, total	11	mg	
zinc	1.3	mg	

Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

References