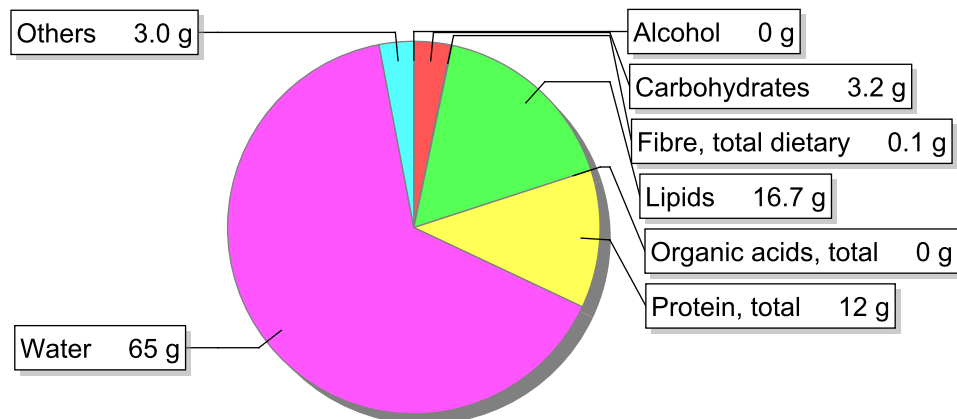


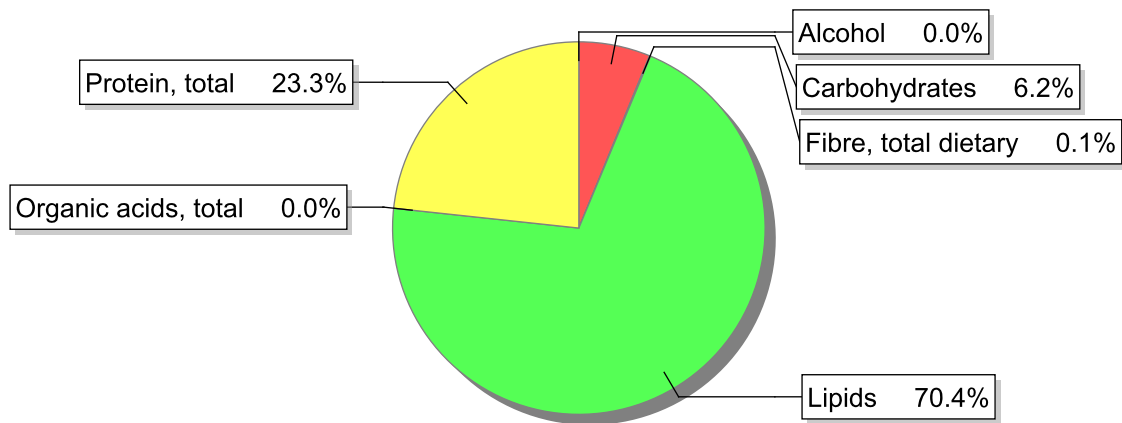
Food

Name: Sausage, Frankfurter, grilled, no salt added
Group: Meat and meat products, fowl and game meat
Subgroup: Sausages and delicatessen products
Edible Part: 100%
Code: IS365
FoodEX2 Code: A03VV

Composition [g/100g]



Energy



Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
energy kcal, total metabolisable	211	kcal	
energy kJ, total metabolisable	877	kJ	
fatty acids, total saturated	5.4	g	
fatty acids, total monounsaturated	6.5	g	
fatty acids, total polyunsaturated	1.8	g	
fatty acid 18:2 n-6 cis,cis	1.6	g	
fatty acids, total trans	0	g	
sugars, total	1.6	g	
sucrose	0	g	

Name	Value	Unit	Source(s)
lactose	0	g	
oligosaccharides, available	0	g	
fibre, total dietary	0.1	g	
protein, total	12	g	
alcohol	0	g	
water	65	g	
organic acids, total	0	g	
cholesterol	57	mg	
vitamin A; retinol equiv from retinol and carotenoid activities	0	µg	
carotene, total (vitamin A precursors)	0	µg	
vitamin D	0	µg	
alpha-tocopherol	0.4	mg	
thiamin	0.15	mg	
riboflavin	0.1	mg	
niacin, preformed	1.3	mg	
niacin equivalents, total	3.2	mg	
niacin equivalents from tryptophan	1.9	mg	
vitamin B-6, total	0.1	mg	
vitamin B-12	1	µg	
vitamin C	0	mg	
folate, total	1	µg	
ash	3.10	g	
sodium	1210	mg	
potassium	69	mg	
calcium	19	mg	
phosphorus	130	mg	
magnesium	5	mg	
iron, total	1.3	mg	
zinc	0.7	mg	

Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

References

Id	Reference
1138	TDS_Iodo_2016_INSA_LAB