

Food

Name: Broth, made up with stock cubes, chicken (dilution 2%)

Group: Soups, sauces and miscellaneous foods

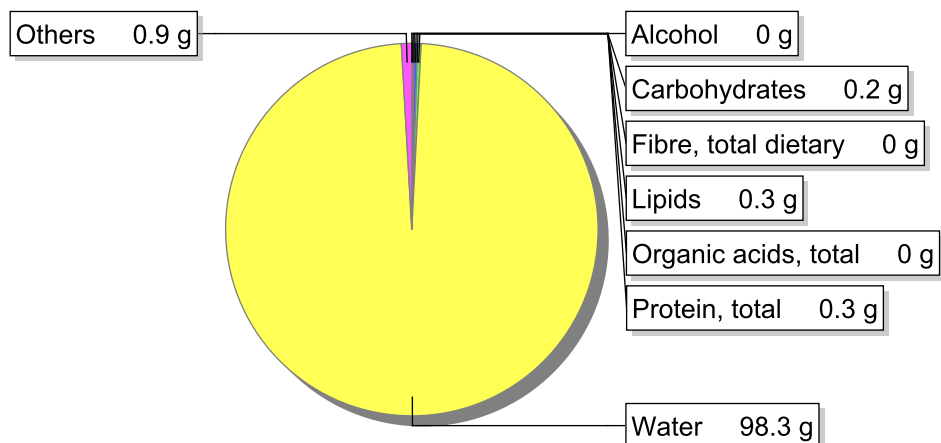
Subgroup: Miscellaneous foods (vinegar, baking powder/yeast, stock cubes)

Edible Part: 100%

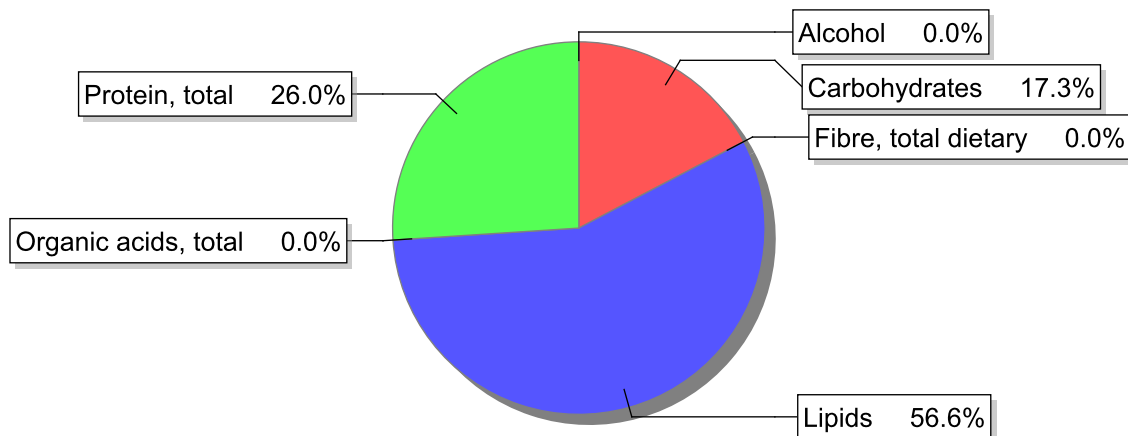
Code: IS300

FoodEX2 Code: A043G

Composition [g/100g]



Energy



Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
energy kcal, total metabolisable	5	kcal	
energy kJ, total metabolisable	20	kJ	
fatty acids, total saturated	0.1	g	
fatty acids, total monounsaturated	0.1	g	
fatty acids, total polyunsaturated	0.1	g	
fatty acid 18:2 n-6 cis,cis	0.1	g	
fatty acids, total trans	0	g	
sugars, total	0	g	
sucrose	0	g	

Name	Value	Unit	Source(s)
lactose	0	g	
oligosaccharides, available	0	g	
fibre, total dietary	0	g	
protein, total	0.3	g	
alcohol	0	g	
water	98.3	g	
organic acids, total	0	g	
cholesterol	0	mg	
vitamin A; retinol equiv from retinol and carotenoid activities	1	µg	
carotene, total (vitamin A precursors)	0	µg	
vitamin D	0.1	µg	
alpha-tocopherol	0.01	mg	
thiamin	0.01	mg	
riboflavin	0.01	mg	
niacin, preformed	0.09	mg	
niacin equivalents, total	0.14	mg	
niacin equivalents from tryptophan	0.06	mg	
vitamin B-6, total	0.01	mg	
vitamin B-12	0.01	µg	
vitamin C	0	mg	
folate, total	0.1	µg	
ash	0.90	g	
sodium	330	mg	
potassium	8	mg	
calcium	6	mg	
phosphorus	4	mg	
magnesium	1	mg	
iron, total	0	mg	
zinc	0.1	mg	

Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

References