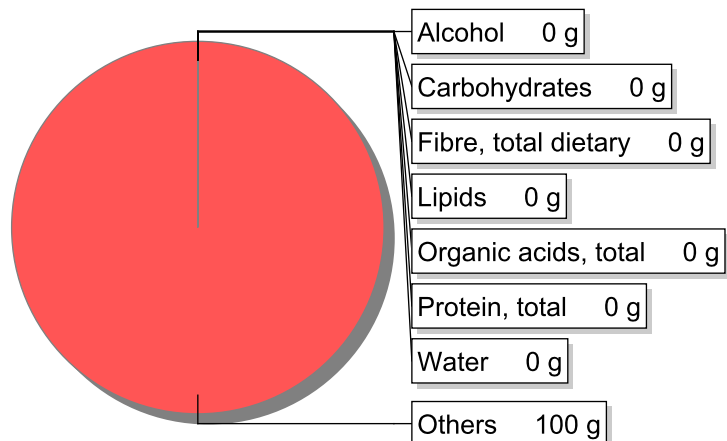


## Food

<b>Name:</b>	Salt
<b>Group:</b>	Soups, sauces and miscellaneous foods
<b>Subgroup:</b>	Miscellaneous foods (vinegar, baking powder/yeast, stock cubes)
<b>Edible Part:</b>	100%
<b>Code:</b>	IS972
<b>FoodEX2 Code:</b>	A042X

## Composition [g/100g]



## Energy

## Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
<b>Energy value</b>			
energy kcal, total metabolisable	0	kcal	
energy kJ, total metabolisable	0	kJ	
<b>Macro nutrients</b>			
Lipids		g	
fatty acids, total saturated	0	g	
fatty acids, total monounsaturated	0	g	
fatty acids, total polyunsaturated	0	g	
fatty acid 18:2 n-6 cis,cis	0	g	

Name	Value	Unit	Source(s)
fatty acids, total trans	0	g	
Carbohydrates		g	
sugars, total	0	g	
sucrose	0	g	
lactose	0	g	
oligosaccharides, available	0	g	
starch, total	0	g	
salt	100	g	
fibre, total dietary	0	g	
protein, total	0	g	
alcohol	0	g	
water	0	g	
organic acids, total	0	g	
cholesterol	0	mg	
<b>Vitamins</b>			
vitamin A; retinol equiv from retinol and carotenoid activities	0	µg	
carotene, total (vitamin A precursors)	0	µg	
vitamin D	0	µg	
alpha-tocopherol	0	mg	
thiamin	0	mg	
riboflavin	0	mg	
niacin, preformed	0	mg	
niacin equivalents, total	0	mg	
niacin equivalents from tryptophan	0	mg	
vitamin B-6, total	0	mg	
vitamin B-12	0	µg	
vitamin C	0	mg	
folate, total	0	µg	
<b>Minerals</b>			
ash	98.0	g	
sodium	40000	mg	
potassium	0	mg	
calcium	0	mg	
phosphorus	0	mg	
magnesium	300	mg	
iron, total	0	mg	
zinc	0	mg	

## Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

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## References